

Health Professions Advising Office
College of Arts & Sciences
The University of Alabama

Pre-Occupational Therapy Guide
2010

For More Information:

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GENERAL PRE-OT REQUIREMENTS

English	6 hours
General Biology with lab	4 hours
Anatomy and Physiology	8 hours
Kinesiology	3 hours
General Physics with lab	8 hours
Math	6 hours
Psychology	9 hours
Computer	3 hours

UA SPECIFIC COURSES

ENGLISH

EN 101	3 hours
EN 102	3 hours

BIOLOGY

BSC 114:115	4 hours
BSC 215	4 hours
BSC 216	4 hours

KINESIOLOGY

KIN 199	3 hours
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PHYSICS

PH 101	4 hours
PH 102	4 hours

MATH

MATH 112	3 hours
STATISTICS (ST 260 or PY 211)	3 hours

PYSCHOLOGY

PY 101	3 hours
PY 352	3 hours
PY 358	3 hours

COMPUTER

CS 102	3 hours
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******EACH SCHOOL HAS OTHER SPECIFIC REQUIREMENTS. MOST ARE IN ANTHROPOLOY, PHILOSOPY,
OR COMMUNICATION**

TIMELINES

Freshmen Year

- Study and plan to do well in your first year classes.
- Pick several student organizations to be involved with.
- Get acquainted with your health professions advisor.
- Gain some shadowing experience with an occupational therapist.

Sophomore Year

- Continue to study and do well in classes.
- Take on more active roles in student organizations.
- Continue shadowing or shadow at new locations.
- Begin to explore research opportunities.
- Keep in contact with your health professions advisor.

Junior year

- Continue to study and do well in classes.
- Visit with your health professions advisor regularly.
- Commit to a few extracurricular activities and take on leadership roles.
- Be involved in research.
- Develop a good personal statement.
- Ask for letters of recommendation.
- Begin preparing for the GRE.
- Register for and take the GRE.
- Submit your application during the summer after your junior year.

Senior Year

- Submit secondary applications early.
- Work on any weak points in your application.
- Prepare for interviews and plan to wear a suit (guys and girls.)
- Visit the campuses of the schools you are considering.

APPLICATION INFORMATION

Occupational
Therapy schools in
the US:

www.aota.org

OT Schools in
Alabama:

The University of Alabama at Birmingham
uab.edu
205.934.3568

University of South Alabama College of Medicine
www.southalabama.edu
251.434.3939

Alabama State University
alasu.edu
334.229.5056

Tuskegee University
tuskegee.edu

Major:

Any major is acceptable as long as students meet the entrance requirements.

Admissions Test:

GRE
www.ets.org

Extracurricular
Activities:

All schools look at the applicant as a whole. They generally want to see competitive test scores and GPAs as well as experience in the field through shadowing or volunteering.

Typical Minimum
Requirements of
Accepted Students

GRE: 1000
GPA: 3.0