For More Information:

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or

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**GENERAL PRE-MEDICAL REQUIREMENTS**

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
</tr>
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<tbody>
<tr>
<td>English</td>
<td>6</td>
</tr>
<tr>
<td>General Biology with lab</td>
<td>8</td>
</tr>
<tr>
<td>General Chemistry with lab</td>
<td>8</td>
</tr>
<tr>
<td>Organic Chemistry with lab</td>
<td>8</td>
</tr>
<tr>
<td>General Physics with lab</td>
<td>8</td>
</tr>
<tr>
<td>Math including calculus</td>
<td>6-8</td>
</tr>
</tbody>
</table>

**UA SPECIFIC COURSES**

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
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<tbody>
<tr>
<td><strong>ENGLISH</strong></td>
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</tr>
<tr>
<td>EN 101</td>
<td>3</td>
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<tr>
<td>EN 102</td>
<td>3</td>
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<tr>
<td><strong>BIOLOGY</strong></td>
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</tr>
<tr>
<td>BSC 114:115</td>
<td>4</td>
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<tr>
<td>BSC 116:117</td>
<td>4</td>
</tr>
<tr>
<td><strong>CHEMISTRY</strong></td>
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<tr>
<td>CH 101</td>
<td>4</td>
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<tr>
<td>CH 102</td>
<td>4</td>
</tr>
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<td>CH 231</td>
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<td>CH 232</td>
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<td>CH 237</td>
<td>2</td>
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<td><strong>PHYSICS</strong></td>
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<td>PH 101</td>
<td>4</td>
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<tr>
<td>PH 102</td>
<td>4</td>
</tr>
<tr>
<td><strong>MATH</strong></td>
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<tr>
<td>MATH 125</td>
<td>4</td>
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<tr>
<td>MATH elective</td>
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</table>
TIMELINES

Freshman Year

- Study and plan to do well in your first year classes.
- Pick several student organizations to be involved with.
- Get acquainted with your health professions advisor.
- Gain some shadowing experience at a local hospital or your family physicians office.

Sophomore Year

- Continue to study and do well in classes.
- Take on more active roles in student organizations.
- Continue shadowing or shadow at new locations.
- Begin to explore research opportunities.
- Keep in contact with your health professions advisor.

Junior Year

- Continue to study and do well in classes.
- Visit with your health professions advisor regularly.
- Commit to a few extracurricular activities and take on leadership roles.
- Be involved in research.
- Develop a good personal statement.
- Ask for letters of recommendation.
- Begin preparing for the MCAT.
- Register for and take the MCAT.
- Submit your application during the summer after your junior year.

Senior Year

- Submit secondary applications early.
- Work on any weak points in your application.
- Prepare for interviews and plan to wear a suit (guys and girls.)
- Visit the campuses of the schools you are considering.
APPLICATION INFORMATION

Medical Schools in the US:
Allopathic: 130
Osteopathic: 25

Medical Schools in Alabama:
The University of Alabama School of Medicine
http://medicine.uab.edu
205.934.8740
University of South Alabama College of Medicine
www.southalabama.edu/com/
251.460.6278

Major:
Any major is acceptable as long as students meet the entrance requirements.

Admissions Test:
MCAT
www.aamc.org

Extracurricular Activities:
All schools look at the applicant as a whole. They generally want to see competitive test scores and GPAs as well as experience in the field through shadowing or volunteering.

Application Service:
AMCAS (American College Application Service)
www.aamc.org
AACOMAS (American Association of Colleges of Osteopathic Medicine)
www.aacom.org

*most colleges participate in AMCAS or AACOMAS, but for those that do not, contact the individual institutions to learn more about the application process.

Letters of Evaluation:
Most schools require 5 letters of recommendation: 3 from faculty and 2 personal letters. Committee letters are optional, but recommended.

National Averages of Accepted Students:
Allopathic
MCAT: 29
GPA: 3.7
BCPM GPA: 3.6
Osteopathic
MCAT: 26
GPA: 3.45
BCPM GPA: 3.4