For More Information:

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### GENERAL PRE-OPTOMETRY REQUIREMENTS

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>6 hours</td>
</tr>
<tr>
<td>General Biology with lab</td>
<td>8 hours</td>
</tr>
<tr>
<td>Biochemistry</td>
<td>3-4 hours</td>
</tr>
<tr>
<td>Microbiology</td>
<td>5 hours</td>
</tr>
<tr>
<td>General Chemistry with lab</td>
<td>8 hours</td>
</tr>
<tr>
<td>Organic Chemistry with lab</td>
<td>8 hours</td>
</tr>
<tr>
<td>General Physics with lab</td>
<td>8 hours</td>
</tr>
<tr>
<td>Math including calculus</td>
<td>6-8 hours</td>
</tr>
<tr>
<td>Psychology/ Social Behavioral Science</td>
<td>9 hours</td>
</tr>
</tbody>
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### UA SPECIFIC COURSES

#### ENGLISH
- EN 101: 3 hours
- EN 102: 3 hours

#### BIOLOGY
- BSC 114:115: 4 hours
- BSC 116:117: 4 hours
- BSC 242 or 310: 4-5 hours
- BSC 450 or CH 461: 3-4 hours

#### CHEMISTRY
- CH 101: 4 hours
- CH 102: 4 hours
- CH 231: 3 hours
- CH 232: 3 hours
- CH 237: 2 hours

*Must have at least one half year organic chem. w/ lab*

#### PHYSICS
- PH 101: 4 hours
- PH 102: 4 hours

#### MATH
- MATH 125: 4 hours
- MATH elective

#### PSYCHOLOGY
- PY 101: 3 hours
- SB or HY electives: 6 hours
Freshman Year

- Study and plan to do well in your first year classes.
- Pick several student organizations to be involved with.
- Get acquainted with your health professions advisor.
- Gain some shadowing experience at a local hospital or your family optometrist’s office.

Sophomore Year

- Continue to study and do well in classes.
- Take on more active roles in student organizations.
- Continue shadowing or shadow at new locations.
- Begin to explore research opportunities.
- Keep in contact with your health professions advisor.

Junior Year

- Continue to study and do well in classes.
- Visit with your health professions advisor regularly.
- Commit to a few extracurricular activities and take on leadership roles.
- Be involved in research.
- Develop a good personal statement.
- Ask for letters of recommendation.
- Begin preparing for the OAT.
- Register for and take the OAT.
- Submit your application during the summer after your junior year.

Senior Year

- Submit secondary applications early.
- Work on any weak points in your application.
- Prepare for interviews and plan to wear a suit (guys and girls.)
- Visit the campuses of the schools you are considering.
### Optometry Schools in the US:

- **Optometry Schools in Alabama:**
  - The University of Alabama School at Birmingham
  - [http://main.uab.edu/Sites/optometry/](http://main.uab.edu/Sites/optometry/)
  - 205.975.0739

### Major:
Any major is acceptable as long as students meet the entrance requirements.

### Admissions Test:
- OAT
  - [www.opted.org](http://www.opted.org)

### Extracurricular Activities:
All schools look at the applicant as a whole. They generally want to see competitive test scores and GPAs as well as experience in the field through shadowing or volunteering.

### Application Service:
- OptomCAS (Optometry Centralized Application Service)

### Letters of Evaluation:
Most schools require at least two letters of recommendation: 1 from faculty and 1 from an optometrist.

### National Averages of Accepted Students:
- OAT: 322
- GPA: 3.38