

THE UNIVERSITY OF
ALABAMA

College of
Arts & Sciences
Office of Health Professions Advising

Bama Bound Orientation 2021!

**Office of Health Professions Advising
(OHPA) Services**

Health Professions Advising Team

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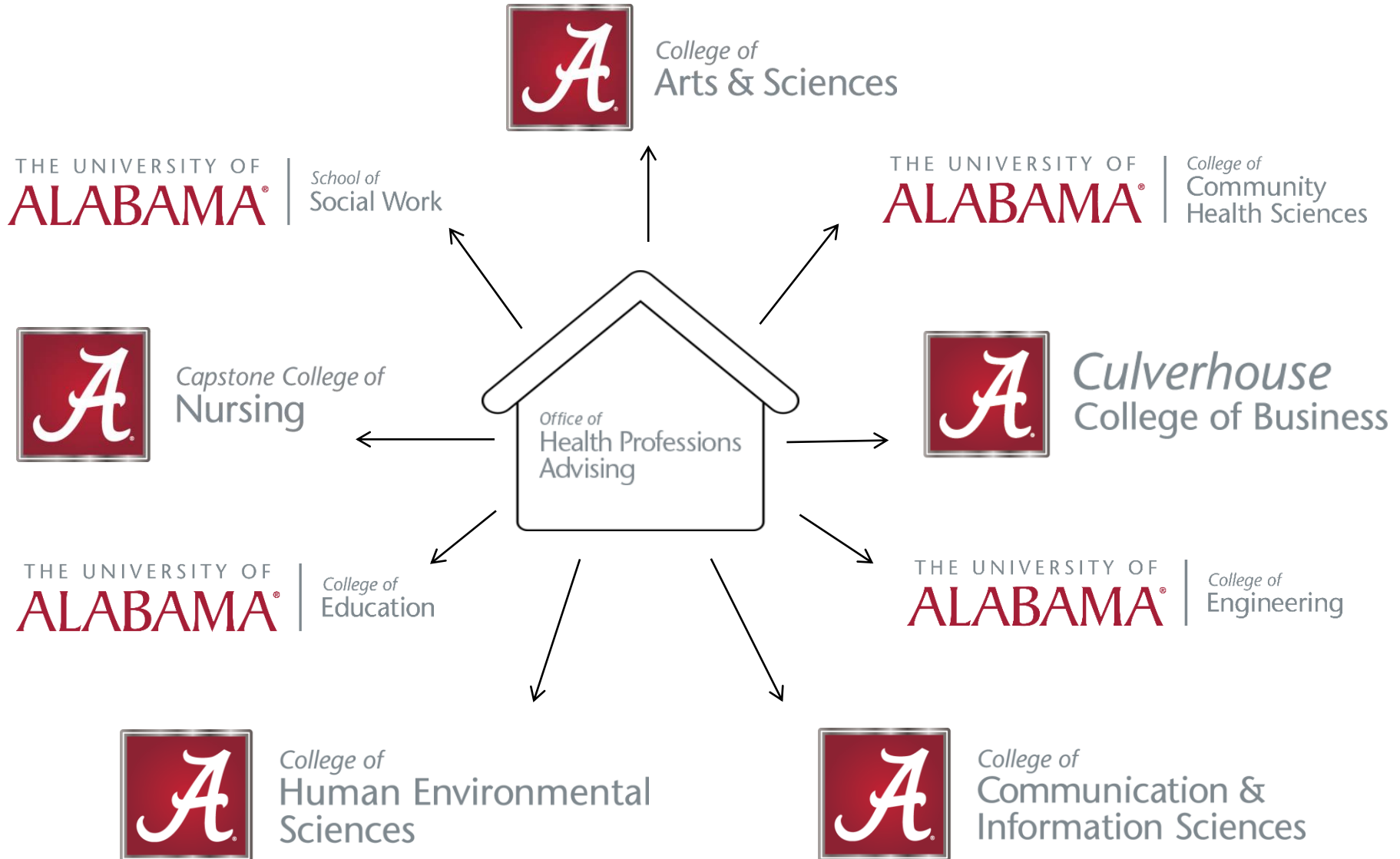
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You can find this information also [HERE](#) on our website or in our monthly newsletters!

We serve Pre-Health students from all majors across the UA campus



Pre-Health Programs That We Advise For:

- Medical
 - Allopathic (MD)
 - Osteopathic (DO)
- Dental
- Pharmacy
- Veterinary medicine
- Optometry
- Physical Therapy
- Physician Assistant
- Occupational Therapy



**Nursing students are served by our College of Nursing

**Public Health students are served by our College of Human Environmental Sciences

Services We Provide



A listserv (email list) that provides regular announcements about opportunities for shadowing, research, workshops, and pre-health track specific programming



Counsel students on healthcare career choices



Help students plan undergraduate program



Assist in decision-making for professional programs



Offer support throughout application process



Connect to campus and community resources

Become Familiar with Our Website

- Know where your pre-health guide is!
- Make an appointment with a pre-health advisor!
- Join the listserv (do this ASAP)
- Add/remove pre-health tracks to DegreeWorks
- Access our monthly newsletter
- Learn more about our student organizations!

THE UNIVERSITY OF ALABAMA* | ARTS & SCIENCES | PREHEALTH PROGRAM

Office of Health Professions Advising
College of Arts & Sciences

This Site | All A&S | UA

What are you looking for?

ABOUT | PRE-HEALTH TRACKS | PROSPECTIVE STUDENTS | CURRENT STUDENTS | APPLICANTS | PARENTS

Important Updates for Prehealth Students Regarding COVID-19

A Statement from the Office of Health Professions Advising on the Pass/Fail Grading Option

[READ THE STATEMENT](#)

News

Pre-Medical Shadowing at The University Medical Center
March 2020 OHPA Newsletter
2019 McCollough Medical Scholars Forum

Important Notice

Due to the coronavirus pandemic, The University of Alabama has cancelled all on-campus events through the end of the Spring 2020 semester.

For more information about UA's response to the COVID-19 pandemic, please visit <https://healthinfo.ua.edu/>.

Connect

Advising
Make an appointment with a pre-health advisor.

Add or Remove Pre-Health Track in DegreeWorks

Listserv
The Health Professions Listserv is the primary means of communication with UA pre-health students. Subscribe to the Listserv here.

Meet with a Pre-Health Advisor



Plan to meet with a pre-health advisor at least once per year, but more often if necessary.



Appointments (half hour time slots) can be made using the A&S Advising Appointment System.
<https://appointment.as.ua.edu/>



Walk-in advising for quick questions

Monday-Thursday
1pm-3:30pm weekly
200 Clark Hall

Our Goal as Advisors...

Help you to make a plan for when you would take your chosen standardized test (ex: MCAT, DAT, PCAT, etc.) and work with you to build in the foundational prereq classes into your schedule over time.

Ask you thoughtful, reflective questions about your motivations for this career, academic progress, and overall preparedness throughout your undergraduate career

Get Familiar: Metrics, Attributes, and Experiences

- Grades and tests are important, but the “extras” get you an interview and the acceptance!
- Professional Schools consider this a holistic approach or “Holistic Admissions”.
- Many professional school programs are looking at the following:
 - Shadowing (while in college) in the health professions area that you are interested in
 - Clinical experience
 - Research experience
 - Community service (does not have to be health related)
 - Leadership and more!



Tips Moving Forward

Academic & Career Exploration:

- Consider your undergraduate major
- Research your intended profession and others, now!

Grades are your #1 priority and must be excellent.

Make advising appointments! We are here to help!

Use all of the resources available to you.

- Explore campus opportunities
- student organizations
- counseling services
- Capstone Center for Student Success (tutoring)
- Advising (Pre-Health and Major Dept.)

Stay Connected to Us!

- Join our pre-health listserv:
<https://listserv.ua.edu/cgi-bin/wa?SUBED1=prehealth-l&A=1>

THIS IS IMPORTANT!!!



- Follow us on Instagram and Twitter

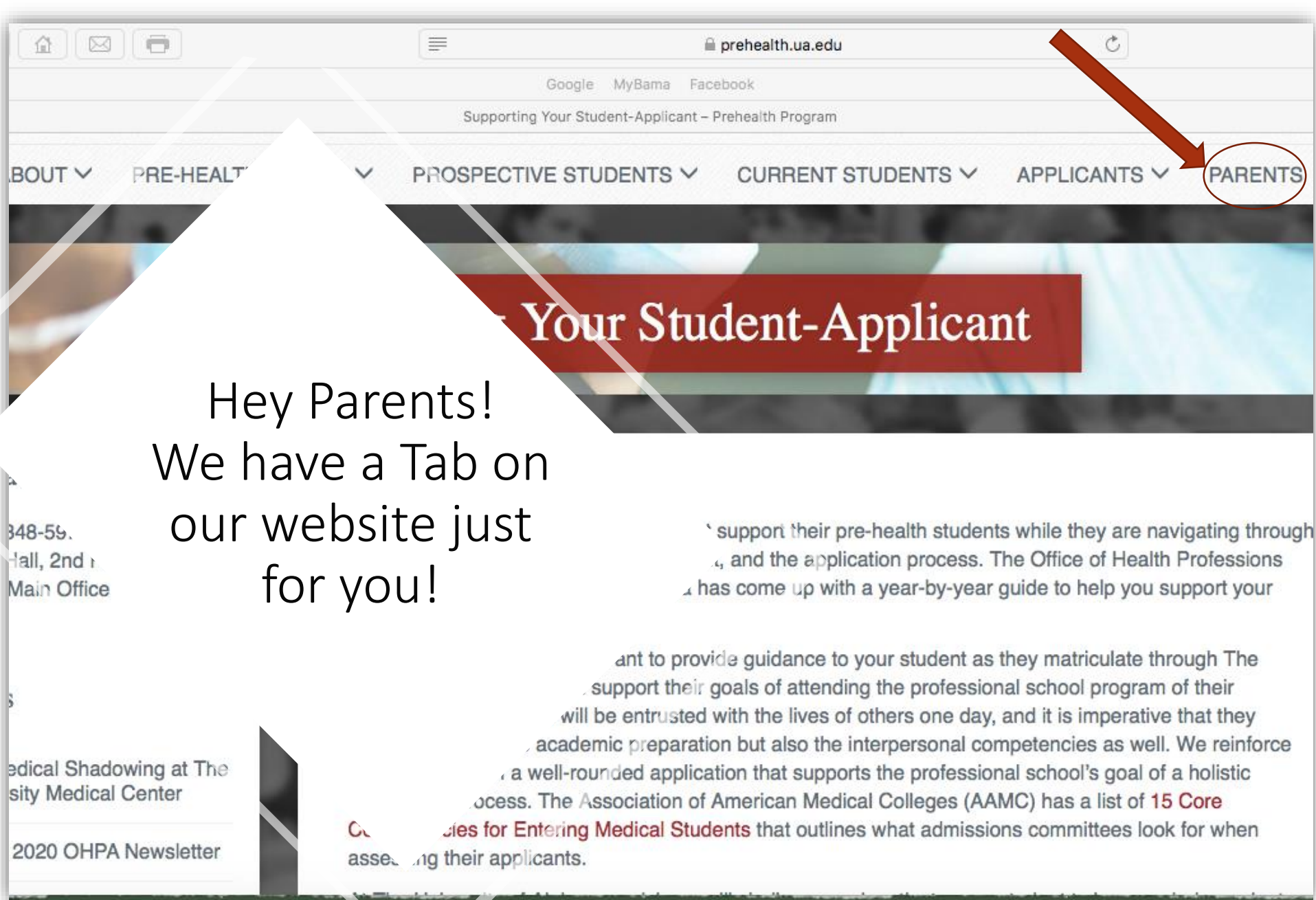
@bamaprehealth

- Bookmark the Office of Health Professions website in your computers/tablets.

www.prehealth.ua.edu

SCAN ME





Hey Parents!
We have a Tab on
our website just
for you!

PARENTS

Support Your Student-Applicant

... support their pre-health students while they are navigating through the application process. The Office of Health Professions has come up with a year-by-year guide to help you support your

... ant to provide guidance to your student as they matriculate through The support their goals of attending the professional school program of their will be entrusted with the lives of others one day, and it is imperative that they academic preparation but also the interpersonal competencies as well. We reinforce a well-rounded application that supports the professional school's goal of a holistic process. The Association of American Medical Colleges (AAMC) has a list of **15 Core Competencies for Entering Medical Students** that outlines what admissions committees look for when assessing their applicants.

Learn more about what your student should be doing year-by-year

Got
Questions?
Email us!

prehealth@ua.edu

